

Genesis Neuroscience Clinic

Tennessee Memory Disorders Foundation

July 01, 2023



Fall Into Orange

We are still gearing up for our first annual *Fall Into Orange* event! You can expect to see Sterling Henton, the Chillbillies, Whitney Kent with official 2023 I'm All Vo I gear, UT Lettermen, and 865 Axe Throwing! We will also be hosting a silent auction during the event. We will have several baskets at the event that we are auctioning off. The baskets will have prizes including 4 football tickets in section U to Tennessee's first home game, 4 Dollywood passes, a football signed by Erik Ainge, many gift cards, and much, much more! This is a family-friendly and pet-friendly event with food, drinks, games, raffle prizes, and the Chillbillies will be performing! Tickets for the event are \$20. Here is a link if you wish to purchase your ticket through Eventbrite!

<https://www.eventbrite.com/e/fall-into-orange-tickets-656978760157?aff=oddtcreator> If you show your confirmation, you can pick up a wristband in our office or at the event. You may also buy a wristband from us in our office! You can also purchase at the event on the day of the event. Overflow parking will be at Ball Camp Baptist Church and we will have a shuttle running from the church to Orange Hat during the event.

Staff Spotlight of the Month



Kathy Broggy, CNA

Kathy Broggy has been at Genesis Neuroscience Clinic from the beginning in 2017. She has worked in the Senior Community for 35 years first as a CNA, then as an activity director for several years before joining Dr. Crane. She is a co-founder of Purple Cities Alliance, a grassroots organization whose purpose is to create a community in which people with cognitive impairment are safe and welcome. She enjoys watching old movies, reading, crocheting and being with family and friends.

Early Detection and Diagnosis

By Tiana Ross

Early detection is key in treating cognitive impairment. While there is no cure for Alzheimer's Disease or other forms of dementia, there are steps that people can take to slow disease progression. It is key to get a workup as soon as symptoms are being noticed. In fact, in the preclinical stage, your brain is already changing even though symptoms have yet to manifest. Many factors can slow disease progression. Diet, medication, and lifestyle changes help to maintain stability. These interventions work best at the early stages so it is important to see your primary care provider and get referred to a specialist as soon as possible! For more information, please see this article by *The Wall Street Journal*:

https://www.wsj.com/articles/dementia-diagnosis-difficulties-frontotemporal-9c1486c5?st=y70yjbhf1acbi42&reflink=desktopwebshare_permalink

Stay tuned for more information!

Please reply to this email if you wish to be removed from future newsletters.
